

Arizona Diabetes Prevention and Control Program

Arizona Department of Health
Services

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Small Steps, Big Rewards –

Diabetes Symposium

March 28, 2005

"LEADERSHIP FOR A HEALTHY ARIZONA"

The Arizona Diabetes Prevention and Control Program (DPCP)

- Established in 1994 by the CDC (Center for Disease Control & Prevention) Division of Diabetes Translation (5-yr continuation grant cycles)
- Currently completing the second year of its' second 5-yr grant cycle
- Received first round of State funding in 2004 as matching funds for CDC grant
- Located in the Office of Chronic Disease Prevention & Nutrition Services at the Arizona Department of Health Services

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Purpose of the program

Systems-based program that aims to:

- Promote coordinated approaches to the provision of diabetes care and services throughout the state
- Develop the state's capacity to reduce the incidence & severity of primary and secondary complications related to diabetes
- Coordinate diabetes educational & training opportunities involving state leadership, health professionals and communities
- Establish and maintain data collection to measure the success in addressing the burden of diabetes in Arizona

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CDC National Objectives

The National Objectives for measuring the success of the program include:

- Increase the rate of foot exams
- Increase the rate of dilated eye exams
- Increase the rate of A1c tests
- Reduce end stage renal disease
- Decrease lower extremity amputations
- Increase rate of influenza immunizations
- Use the Performance Improvement Plan to guide the development of the state-wide strategic plan
- Increase linkages to promote wellness & physical activity
- Improve evaluation procedures to track program success

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DPCP Structure

Arizona Diabetes Advisory Council - core of selected stakeholders or partners in Arizona who share their expertise and skills with the DPCP

Committees of the Advisory Council:

- Advocacy:** Partner with other organizations to create a high level of awareness among public policy makers in Arizona, and commitment to preventing the complications to diabetes and the personal, social, and economic consequences faced by persons with diabetes
- Education:** Create a coordinated community education program for providers and lay health workers and to raise the level of awareness about diabetes in Arizona
- Surveillance:** Statistically identify the burden of diabetes in Arizona. Promote a sustainable system for monitoring diabetes and the care received by individuals with diabetes in Arizona

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Advisory Council: New Activities

- Identify specific products, activities and timelines needed to plan the direction of the DPCP for the next three years
- Recruit new members to the council who add diversity
- Identify necessary actions and resources to ensure participation and representation from rural and tribal areas
- Assist DPCP to convene partners and facilitate collaboration in diabetes-related activities in order to implement statewide health improvement process

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Current and Proposed Projects

- Training series for Health Care Professionals and Lay Health Workers
- Diabetes Today
- Diabetes Sundays
- Obesity Prevention and Reduction in emergent at-risk populations
- Amputation Risk Reduction Project with Diabetes Collaboratives
- Arizona Telemedicine Ophthalmic Program – Arizona Foundation for the Eye
- National Diabetes Education Program
- US/Mexico Border Diabetes Project

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Future Program Directions

- Clearinghouse for resource information
- Expand website to include diabetes-related resources and activities
- Coordinate partner efforts
- Provide technical assistance
- Cornerstone in promoting diabetes prevention measures and education among high risk populations

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Documents Available

- Arizona Diabetes Resource Directory
- Arizona Diabetes Indicators
- Arizona Diabetes and Associated Complications Status Report
- County-specific data

<http://www.azdiabetes.gov>

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Resources Available

- Technical assistance
- Diabetes Today training
- Data sharing work groups
- Coordination of workshops and other events
- Collaboration on projects
- Program evaluation

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DPCP Advisory Council Representation

- American Diabetes Association
- Arizona Podiatric Medical Assoc.
- Arizona Prevention Center-Mel and Enid Zuckerman Arizona College of Public Health
- Juvenile Diabetes Research Foundation
- Health Services Advisory Group
- Navajo Special Diabetes Program
- ADHS Native American Liaison
- Sage Memorial Hospital
- Health Net Arizona
- Dept. of Veterans' Affairs-Carl T.Hayden VA Medical Center
- J.C. Lincoln Health Network
- Rural Health Office, U of A
- ADHS, Bureau of Health Statistics
- Pinal Co. Div. Of Public Health
- AZ Foundation for the Eye
- North Country Community Health Center
- Native American Community Health Center, Inc.
- Catlin's Diabetes Consultation Ser.
- John Dwyer Consulting
- St. Johns Senior Center
- American Express

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DPCP Advisory Council Representation - Continued

- Phoenix Area Indian Health Services
- Phoenix Indian Medical Center
- First Care Community Wellness
- Mt. Graham Community Hospital
- Inter-Tribal Council of Arizona
- Diabetes Center – Scottsdale Health Care
- Williams Diabetes Support Group
- About LifeStyle, Inc.
- Douglas Food Bank
- Arizona Bridge to Independent Living
- M.A.C.
- TriWest Health Care Alliance
- ADHS, Public Health Prevention Services
- ADHS, Chronic Disease Prevention & Nutrition Services
- Cornerstone Hospital of Southeast AZ
- Arizona Department of Corrections-Pharmacy Dept./Complex Florence
- BD Consumer Healthcare
- Caremark
- HCD Institute For Active Living-HealthCare Dimensions
- First Care Nursing, PLLC

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Diabetes Prevention & Control Program

Contact Information

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